Roshan Shrestha

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# OBJECTIVE Detail-oriented and self-motivated professional with proficiency in English, Hindi, and Nepali. Demonstrated ability to adhere to hygiene regulations, work independently with minimal supervision, and maintain a high standard of service under tight deadlines. Excellent interpersonal skills with a knack for fostering positive working relationships. Seeking a dishwasher position to apply these skills and contribute to a dynamic kitchen team.

# EDUCATION

### Post-graduate Diploma

Lambton College **Mississauga, ON**

*May 2023 – Present*

### Bachelors in computer science and software Engineering Luton, UK

University of Bedfordshire *September 2017 – September 2020*

# WORK EXPERIENCE

### Chicken Station Kathmandu, Nepal

### *Dish Washer / Kitchen Helper* *January 2021 – April 2023*

* Maintained kitchen hygiene by washing and sanitizing dishes and utensils.
* Assisted in food preparation tasks such as chopping vegetables and peeling fruits.
* Managed high-volume dishwashing in a fast-paced, busy restaurant.
* Handled waste disposal and recycling, ensuring a clean workspace.
* Assisted in inventory management, receiving, and storing kitchen supplies.
* Communicated effectively with a multicultural team in Hindi, Nepali, and English.
* Handled delicate dishware carefully to prevent breakage and ensure longevity of restaurant's assets.
* Managed workflow effectively, prioritizing tasks to maintain kitchen efficiency during peak service times.

# KEY SKILLS

* Efficient and fast-paced worker
* Excellent attention to detail
* Ability to stand for long periods
* Knowledge of hygiene and sanitation regulations
* Excellent teamwork and communication skills
* Adaptability and flexibility

# AVAILIBILITY

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| SUN | MON | TUE | WED | THU | FRI | SAT |
| **Any Shift** | **Till 1 PM + Night** | **Any Shift** | **Till 1 PM + Night** | **Till 1 PM + Night** | **Any Shift** | **Any Shift** |

**Note:** Availability to work flexible days/nights/hours, early morning, weekends, and holidays. Also, will be available for full-time work from 18th August.